

# LESSON PLAN

**KS4: ages 14-16yrs**

**Topic:** Youth Homelessness: Its Causes and Impact

**Subject:** PSHCE, Geography

**Lesson Length:** 60 minutes



**CENTRE  
POINT**

**SLEEP OUT**

## **Lesson Objectives:**

- Gain a basic understanding of Centrepont and why the charity exists
- Develop an understanding of some of the key causes of homelessness
- Develop an understanding of the impact of homelessness on a young person

## **Materials Needed:**

- 'Youth Homelessness: its Causes and Impact' PowerPoint deck
- PIE String Activity Instruction sheet and story sheet
- 30 individual meter long pieces of string

## **Structure / Activity:**

### **Introduction: Who are Centrepont and what do they do? (5 minutes)**

- Using the 'Youth Homelessness: its Causes and Impact' PowerPoint, talk students through Centrepont and what they do as a charity

### **Starter: discussion (10 minutes) :**

- Begin by grouping students into pairs and ask them to discuss what they think the key causes of youth homelessness are (5 minutes)
- Ask each pair to share one answer and their reasons (2 minutes)
- Use the PowerPoint to go through the top causes of youth homelessness in the UK (3 minutes)

### **PowerPoint slides: 'The Impact of Youth Homelessness' (10 minutes)**

- Consider the two scenarios on the PowerPoint and ask the students in groups to draw a mind map of the possible impact of each situation on the example individual- remember to consider both short and long term impacts (5 minutes)
- Ask the students in their groups to read out their answers and explain their reasoning (3 minutes)
- Go through each impact listed on the next slide and relate them to the examples given (2 minutes)

### **Group Activity: Life of PIE (20 minutes)**

- Gather the students into one big circle and choose one student to stand in the middle- they will be the young person at risk of homelessness
- Read out the instruction sheet and then proceed to read the accompanying story
- As you read, students will volunteer to stand up and be each different person mentioned in the story (15 minutes)
- Once you near the end of the activity, begin to discuss with the students what they have learned and what the activity has shown- the activity aims to demonstrate a visual representation of personal bonds and connections formed and lost by young people who eventually come to Centrepont for support as they are either homeless or at risk of being.
- Ask the students how they might feel if they were that young person: alone? sad? lost? without purpose? abandoned? (5 minutes)

### **Consolidation Task: Quiz (5 minutes)**

- Using the Quiz slides in the PowerPoint, ask the students to raise their hand when they think they know the answer to each question

### **Stretch Activity: Bag Tales (10 minutes)**

- The student has to imagine they have had a family breakdown, and as their needs are not being met, has decided they have to leave their house immediately. They have 30 seconds to pack a backpack of essentials before they leave and are made homeless. When they have packed their bag, discuss with the student why they chose certain items and what that means.

**You will need:** A stop watch, a backpack and a number of different items; Laptop, phone, wallet, fruit, snacks, teddy bear, blanket, family photos, charging cables, pillow, a book, pack of cards/game, make up plus anything else that may be available. (feel free to improvise on this part and use whatever is available)